Drug Awareness Program

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Director

Course Outline

Session One

Orientation and overview of entire program; pre-test administered; what drugs are; factors which influence the effect of any drug; and basic information about eight different categories of drugs, including physical and mental reactions, and potential harm.

Session Two

Reasons for using drugs; myths vs. facts; values exercise; life skills segment; coping with stress; and reality therapy segment. Several individual and group exercises are included in this session.

Session Three

Definitions of use, abuse and chemical dependency; risk factors; chemical dependency and family issues; addiction quizzes; addiction and recovery; and where to get help.

Session Four

Substance abuse and work issues; drugs and driving; Controlled Substances Act; Michigan Drug Laws; post test given; and final interview appointments are made.

Final Interview

You will set your final interview appointment on the day of the class. If this is not possible for some reason, it is very important you contact the offices on the next business day after the class. Plan on the interview taking about 30 minutes. This is a general review, re-assessment, and wrap-up session one-on-one with an interviewer.

We hope you learn from and enjoy these classes. Our goal is to help you make healthy lifestyle choices and prevent further drug use so that your future will be a safe one, free from legal, health and personal problems caused by the use of drugs.