

Alcohol Highway Safety Program

32100 Utica Road, Fraser MI 48026

(586) 293-4650

Christopher J. Lineberger

Director

Level Two Course Outline Advanced Workshop in Alcohol-Related Education

The AWARE Program was implemented to provide advanced, in-depth education about the effects of alcohol on driving, health, social life, family life, and employment. Clients who attend the AWARE classes are repeat offenders with prior education in alcohol. The AWARE Program maintains a small class size, which allows for personalized contact between the client and the teacher. Active participation by the student is encouraged throughout the course.

Session One

Covers the implications of drunk driving. Students are allowed to discuss the details of their arrest and to make comparisons with the other students. The legal sanctions are covered along with the arrest procedures, the breathalyzer machine, blood alcohol levels, and statistics pertaining to the drunk driver. A test is administered to measure previous knowledge about alcohol.

Session Two

Covers the physiological damages caused by alcohol. The pathway alcohol takes in the body, and the organ damage caused by alcohol is covered in detail and augmented by a film/video.

Session Three

Covers addiction. Risk factors for developing alcoholism and the various symptoms of alcoholism are discussed and compared with the Jellinek Chart. Clients are encouraged to discuss their drinking pattern and to make comparisons with the disease process of alcoholism.

Session Four

Covers the effects of alcoholism on family life and employment. Various agencies available for clients who may need counseling as well as AA and other support groups are described. The reasons why someone may need counseling are also discussed. It is hoped the client will evaluate his/her own needs based on the information presented. The test is administered again to measure the extent of the information gained from the classes.

Final Interview

Conducted at the office with a professional interviewer, provides the client a chance to review the information that has been presented. The client's own indicators will be discussed and a recommendation is made by the interviewer. Some clients may need to be referred for additional counseling -- others may not.

The AWARE classes should provide a bridge between basic education and treatment. The AWARE classes should help motivate the client to make appropriate decisions about the use of alcohol, know the potentials from its use, and decide if alcohol is a problem, and what to do about it.